Let’s stay safe online! Internet Safety Day 2023

Let's think about…

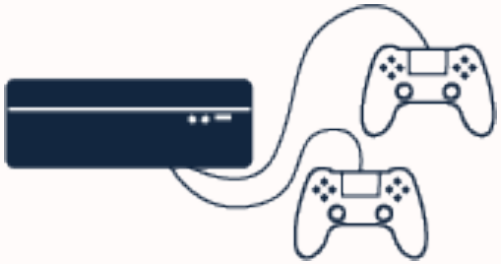
The good and bad things about being online

How we can stay safe online

What we should do if something worries or upsets us

What do you like to do online?

What are the dangers online?



The dangers online …

Strangers!

Are people telling the truth?

Easy to forget the ‘real’ world

Seeing things you don’t want to see

How do we stay safe online?

- Keep your identity secret!
- Don’t tell people your name, address or school
- Block and report anything that upsets you
- Tell adults you trust about what you’re doing
- Tell an adult if something worries you

Key Word Check

Do you recognise these keywords? What do they mean?

- Internet
- cyberbullying
- online

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What Is Safer Internet Day?

Safer Internet Day is an annual event which is organised by the UK Safer Internet Centre and is celebrated in approximately 180 countries worldwide!

The aim of the day is to raise awareness of Internet safety, promoting positive and responsible usage.

It is a day to discuss how to look after yourself and others while staying safe in an online space.

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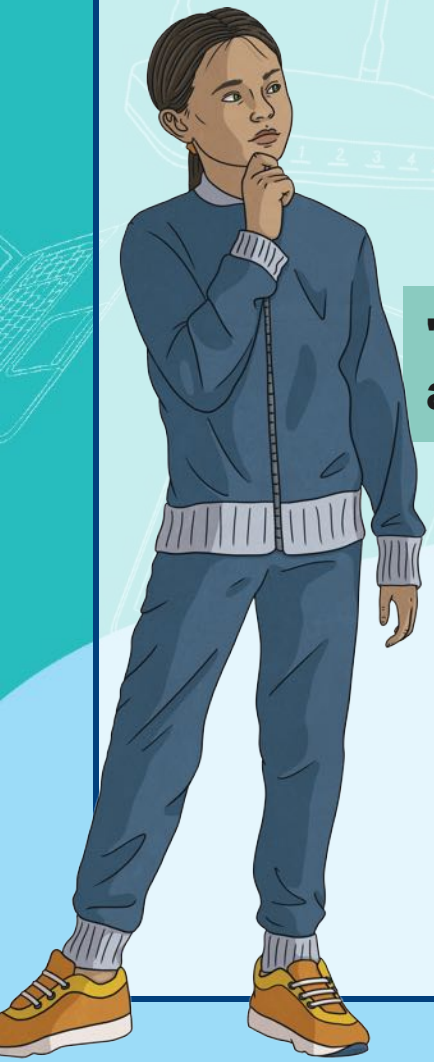
What About This Year?



The theme for **2023** is…

'Want to talk about it? Making space for conversations about life online'.

What do you think the theme for this year means?

Yesterday we talked about 1 side of brain being for logic and 1 side for feelings & creativity – by speaking about a problem or worry you help your brain find a solution to the feeling!

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Is anything worrying you about being online?

I saw a video that upset me and I can't stop thinking about it

I shared a picture of me on the internet and I don't know who else can see it

Someone I don't know keeps messaging me asking to meet up

Thank you for telling me, that sounds difficult. Here's what we'll do …

Want To Talk About It?

Do you remember what the theme for Safer Internet Day this year is?

That's correct, it's:

'Want to talk about it? Making space for conversations about life online'.

The aim of this year's theme is to focus on discussions about how we respond to online issues that affect us, in order to make positive change.

Talk to a partner about what Internet safety issues we might face when trying to use the Internet in a safe, respectful and positive way.

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Want To Talk About It?

keeping personal information safe

cyberbullying

self-image and self-identity

social media

online scams

digital footprint

health and wellbeing

screen time

fake news

gaming

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Who can we talk to if we feel worried?

- Parents and carers
- Other adults in our family
- Teachers and other adults in school
- Mr. Hipperson, Miss Norcross & Miss Martin

Switched Off

Imagine if the Internet was switched off for a day.

How would you feel?

Would it affect your day-to-day activities? How?

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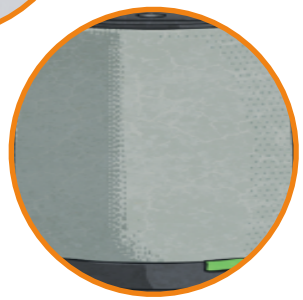
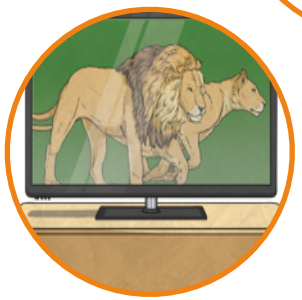
Accessing the Internet

Think of the many different devices we use to access the Internet.





How many can you think of?

Did you think of any of these?

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Think About It

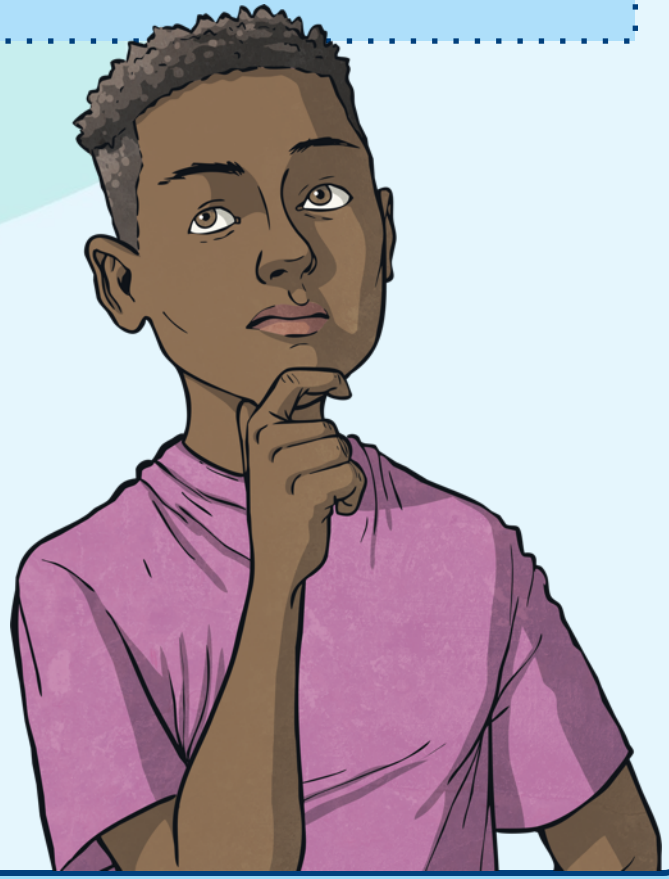
This Safer Internet Day, we can all play a part in making the Internet a safer place to be.

What are the online safety issues that really matter to you?

What changes do you want to see?

How can we all work together to solve some of these issues?

Start a conversation in your class. What would you and your teacher talk about?



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What If?

Imagine that there was one online safety issue you had the power to fix?

Discuss with a partner: Which issue would it be and how would you fix it?

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Remember …

Do …

- ✓ Set your profiles to private
- ✓ Share what you do online with adults you trust
- ✓ Tell an adult if anything worries, upsets or frightens you
- ✓ Be kind to others
- ✓ Spend time with friends and family offline, too

Remember …

Don’t…

- ✗ Believe everything you see online
- ✗ Trust what strangers say – they could be anyone!
- ✗ Share personal information like your name, age or address
- ✗ Share pictures or videos of yourself
- ✗ Spend any money without checking with an adult