



# St Luke's News

Aspiring to be just and kind. Walking humbly with God.  
Growing with every opportunity



19th April 2024

Dear Parents & Carers,

Welcome back to the Summer Term and we hope you had some good quality family time. It was a busy period as we had Christian, Muslim and Sikh celebrations all close together and we hope they went well for everyone.

In recognition of the diversity of the community in the Diocese of Chelmsford, Bishop Guli has asked schools to help with a project translating the Lord's Prayer into as many languages as possible. At St. Luke's the school and the church are working together to fully understand the meaning of this foundation of all Christian prayers and then translate it into 12 of our most common languages. Hopefully by the end of the Summer you will be able to see the result of all this reflection and hard work in new artwork planned for the main reception area.



## Church News

We've got a new Alpha course happening on Friday mornings, starting this week. This will be at the River Christian Centre opposite the school so there is no impact on rooms, etc. If you can help us get a message via the school ping: it would be much appreciated:

*The Church Team invites parents and carers to join them for a breakfast Alpha Course starting THIS Friday 19th April, 9:00-11:00am at River Christian Centre, Vincent St, London E16 1LZ.*

*Alpha is a course that has been run around the world and explores the big questions of life: Who am I? Why am I here? Is there more to life than this? We explore together Life, Faith and Meaning in a relaxed atmosphere. Alpha is a course for everyone and is absolutely free.*

*There'll be breakfast provided, and a video to have a conversation around. You can register your interest at [www.stlukese16.co.uk/alpha](http://www.stlukese16.co.uk/alpha). There is no obligation to stay for the whole course, come and see if it's for you - we're sure you'll love it!*

**EXPLORE LIFE, FAITH, AND MEANING**

**ALPHA COURSE**

LAUNCHING FRIDAY 19TH APRIL  
9AM - 11AM  
HOSTED AT RIVER CHRISTIAN CENTRE

FULL DETAILS AND TO REGISTER:  
[WWW.STLUKESE16.CO.UK/ALPHA](http://WWW.STLUKESE16.CO.UK/ALPHA)

You're invited.

#TryAlpha



## Nursery Closed May 2<sup>nd</sup>

The Nursery will be closed for **one day** on the 2<sup>nd</sup> May 2024 as the borough want to use it as a Polling station for the local elections – sorry for the inconvenience.

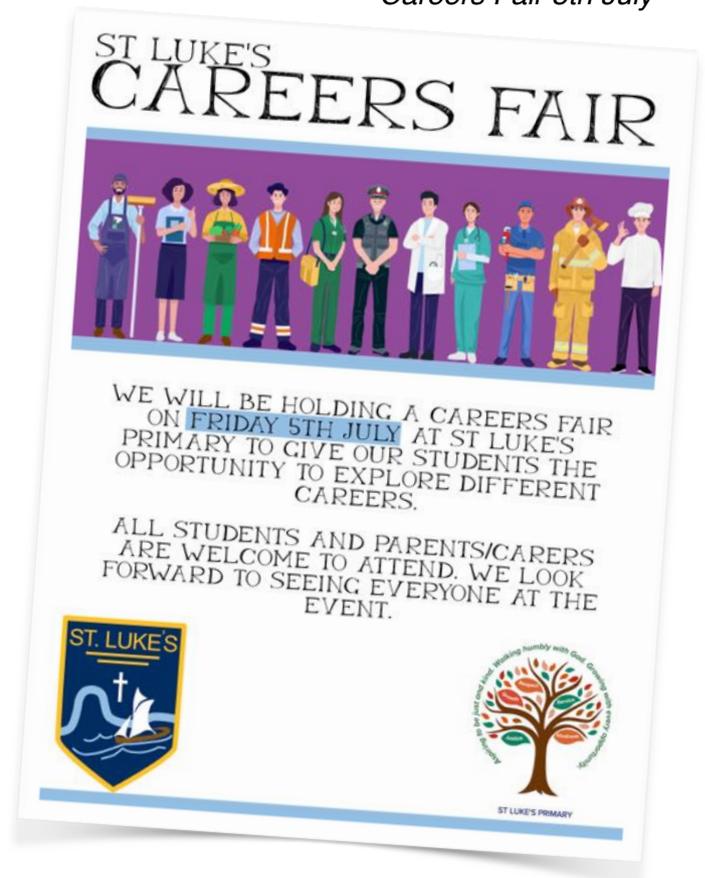


## New Improved breakfast Club!

Our children are now running the Breakfast club – learning to make their breakfast and clean up afterwards with the help of the staff – ask at the office if you want your child to attend.

## Date for the future

*Careers Fair 5th July*



**Our Eco Committee with one of our new trees**

## Staying Safe

One of our children reported feeling uncomfortable up by Morrisons. As the new residential buildings are near to completion, we have noticed the area is a lot busier. Please remember, to stay safe when walking around the local area.

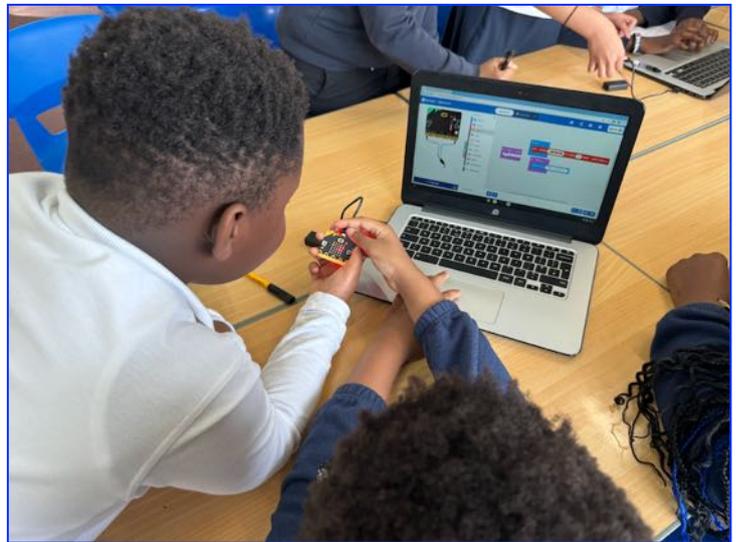
**Please remind your children that if they ever feel scared or alone, they should find a safe space - one that is well lit and busy with people! And make sure they tell a trusted adult if ever they feel unsafe.**



## Design Thinking - Micro-bit Project

*'We recently completed a Micro:bit project based on the idea of design thinking and finding solutions to problems. Our goal was to understand the needs and perspectives of others in their current situation and find solutions using the Micro:bit (mini programmable device). Instead of tackling big problems, we focused on finding the root of the problem and brainstormed ideas in our groups to address small issues. After prototyping and fixing any bugs, our prototypes will be ready for testing.'*

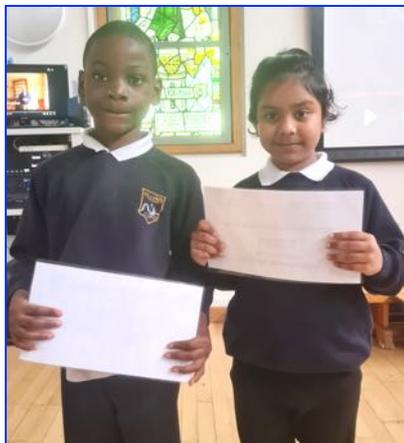
Benita and Chioma Y6



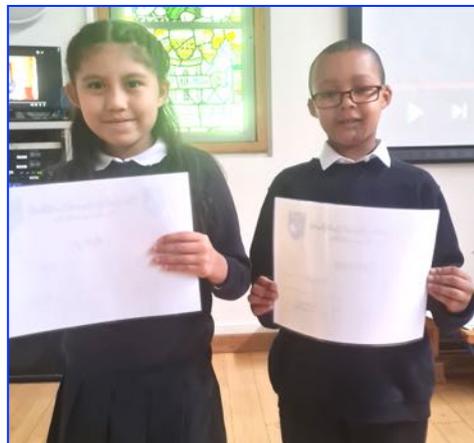
## Golden Assembly



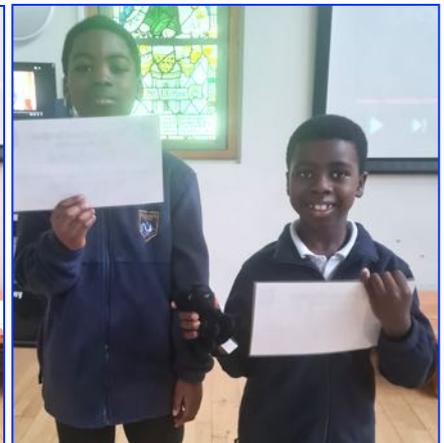
**Happy Birthday everyone!**



**Y1**



**Y2**



**Y3**



Y4



Y5



Y6

## ENERGY DRINK CRAZE - DANGERS!

Looking around us, it's hard not to notice the energy drinks craze that seems to be going on, especially around our children. With their appealing promises of boosted performance and enhanced focus, energy drinks from brands such as *Celsius*, *Redbull*, *Monster*, *PRIME*, and *Alani Nu* have made their way into backpacks and classrooms. However, the increasing consumption also poses a threat to adolescent health.

This advice flyer from **Newham Health** is aimed at parents and educators and gives detailed information on the harmful side effects these drinks can have on everyone, from the appalling high caffeine content (children between the ages of 12 and 18 should not consume more than 100 mg of caffeine a day and one can of *Celsius* is double that in one go!) to the harmful additives that can cause type 2 diabetes, heart disease, abnormal blood pressure, tooth decay and other health issues.



The flyer can be downloaded from the [Parents' Page](#) on our school website.

***If there's only one flyer you read - [this should be it!](#)***

## AUTISM CURE MISINFORMATION

### A Warning Message from Newham council

There are reports of someone, claiming to be a doctor, coming from overseas offering a 'cure' for autism.

Please be aware - **there is no current cure for autism!** This is a dangerous claim and is blatantly a scam.

Please be careful!

This information flyer (right) is shared by Newham Health and is available for download on our [Parents' Page](#)



## Term Dates

### April

22<sup>nd</sup> YN Stay & Play for new settlers

23<sup>rd</sup> EYFS visit to Mudchute Farm

29<sup>th</sup> Catering Company cooking bread with the Food Group

30<sup>th</sup> Group of Y4s travelling to University of East Anglia for debating competition

### May

1<sup>st</sup> Y1 visit Mudchute Farm

2<sup>nd</sup> Nursery closed due to local elections

13<sup>th</sup>-16<sup>th</sup> Y6 SATs examinations

17<sup>th</sup> Y3/4 Futsal competition

22<sup>nd</sup> Y5&6 Institute of the Imagination session

24<sup>th</sup> 'Tea party' lunch – parents invited

**27<sup>th</sup>-31<sup>st</sup> May School closed for Half-Term – School reopens on Mon. 3<sup>rd</sup> June with Breakfast and After school clubs as normal**

### June

3<sup>rd</sup>-5<sup>th</sup> Y6 residential trip to Stubbers Adventure Camp

4<sup>th</sup>-6<sup>th</sup> Artist working with Y5 on the 'River of Hope' project

6<sup>th</sup>-7<sup>th</sup> Multiplication Times Table Test Y4

7<sup>th</sup> Class Photos taken for parents to buy

10<sup>th</sup>-14<sup>th</sup> KS1 Phonic Tests all week

10<sup>th</sup> EYFS visit to Discover Story Centre

10<sup>th</sup> Y6 visit to Chelmsford Cathedral

12<sup>th</sup> First of 3 cooking lessons for Y6

17<sup>th</sup> Y2 – Institute of the Imagination session

17<sup>th</sup> Y6 visit Ben Kinsella Exhibition

24<sup>th</sup> & 25<sup>th</sup> Red Cross Migrant Rights session Y5&6

26<sup>th</sup> Y3 Volcano workshop

27<sup>th</sup> Y5 visit to 'The Line' Art trail

### July

1<sup>st</sup>-12<sup>th</sup> Y4 Swimming Course at the Olympic Pool

1<sup>st</sup>-5<sup>th</sup> Bikeability training for Y6

3<sup>rd</sup> Y3 Library Visit

4<sup>th</sup> Y6-7 Transition day – Y6 visit their new schools

4<sup>th</sup> 'Running out of time' Eco relay

5<sup>th</sup> Careers Fair for children - in school – PM – Parents Welcome

9<sup>th</sup> Y2 visit to Leigh-on-Sea

11<sup>th</sup> All After School clubs end for the Summer

12<sup>th</sup> AM End of Year Music Concert Parents Welcome

12<sup>th</sup> St. Luke's Carnival PM Parents Welcome

16<sup>th</sup> 2pm Y6 Show Parents Welcome

17<sup>th</sup> 9am Y6 Leavers Service Parents Welcome

18<sup>th</sup> 9am End of Year celebration Assembly Parents Welcome

**Thursday 18<sup>th</sup> July School closes for Summer Holidays at 1pm – School reopens for children on Weds. 4<sup>th</sup> September 2024 for Y1-Y6 with Breakfast Club. After School clubs begin Mon. 9<sup>th</sup> September. EYFS start times will vary, parents will get individual letters.**

Have a safe and peaceful weekend

A handwritten signature in black ink, appearing to be 'M. Hipperson', with a long, sweeping horizontal line extending to the right.

Matt Hipperson  
**Head Teacher**